



Flower-Insect Timed Count: target flower guide

This guide has been adapted from the <u>UK Pollinator Monitoring Scheme</u> (PoMS) to support the Cyprus Flower-Insect Timed Count survey (FIT Count). This work is being led by the Researching Invasive Species in Kýpros (RIS-Ký) Team, funded by Darwin and led by the Centre for Ecology and Hydrology (CEH), the Joint Services Health Unit (JSHU), Cyprus, with support from the Akrotiri Environmental Education Centre (AEEC)

Text compiled from Takis C Tsintides, Georgios N Hadjikyriakou and Charalambos S Christodoulou 2002. Trees and shrubs in Cyprus. Foundation Anastasios G. Leventis - Cyprus Forest Association and R. D. Meikle 1985. Flora of Cyprus.

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Introduction

This document provides a guide to flower species or types that are our targets for the PoMS-Ký FIT Count. When carrying out a count, we would like you to focus on one of these target flowers if at all possible, as this will make the counts more consistent and enable us to compare insect numbers from year to year. However, if you cannot find any of the target flowers in your area it is fine to choose another flowering plant as your focus. A list of suggested alternative flowers is given at the end of the document. As our RISKý project is looking at the presence of Invasive Non-Native Species, we have included species in the list that are not native to Cyprus and as we would be really interested to know what pollinator species are visiting these plants.

Each target flower is shown in order of the month that they usually begin to flower, but you can use the target species for your count whenever you find them flowering, you don't have to stick to the months suggested. There is also information on where you might find the plant, any identification tips that might be needed, and how to count the flowers.

Background to this project?

The FIT Count is part of the Cyprus Pollinator Monitoring Scheme (PoMS-Ký) developed from the UK Pollinator Monitoring and Research Partnership as part of the two-year Defra Darwin funded RIS-Ký project. PoMS-Ký follows the work of the UK Pollinator Monitoring and Research Partnership which is co-ordinated by the Centre for Ecology & Hydrology (CEH). PoMS It is jointly funded by Defra, the Welsh and Scottish Governments, JNCC and project partners, including CEH, the Bumblebee Conservation Trust, Butterfly Conservation, British Trust for Ornithology, Hymettus, the University of Reading and University of Leeds. PoMS aims to provide much-needed data on the state of the UK's insect pollinators, especially wild bees and hoverflies, and the role they fulfil in supporting farming and wildlife. PoMS includes several different approaches to pollinator monitoring, including the FIT Count as well as a systematic survey of pollinators and floral resources on a network of stratified random sites across England, Scotland and Wales. Where possible, we have used flowers of the same Genus or flowers as closely related to species selected in PoMS to ensure continuity between the recording systems.

For further information about PoMS go to: www.ceh.ac.uk/pollinator-monitoring



Defra project BE0125/ NEC06214: Establishing a UK Pollinator Monitoring and Research Partnership Document version 3.0 at February 2018

From January onwards

Χρυσάνθεμο, Chrysanthemum, Glebionis coronarium





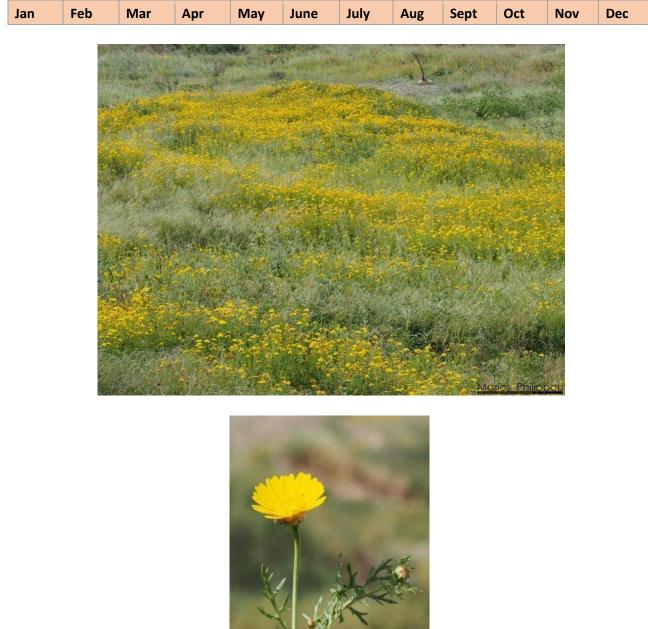






Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





This bright fellow Chrysanthemum is present in abundance along roadside verges, arable fields and urban waste land.

Flower counts should be based on the number of flower heads (indicated by the white oval shown on the above photo).

Φραμός Αρκοτομαθκιά, African Boxthon, Lycium ferocissimum





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A naturalised non-native species in Cyprus. Native to South Africa. It is planted as a hedge and windbreak.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall shrub the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.

Γιατρός, Tree Tobacco, Nicotiana glauca

Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
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Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



A non-native species in Cyprus that has naturalised along roadsides and waste ground. This species is widespread. Native to parts of South America.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall shrub the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the tree, as long as it clearly marks out the area of flowers that you are going to use for your count.

Μερτζανιά, Common Winter-Cherry, Withania somnifera

Jan Feb Mar Apr May June July Aug Sept Oct Nov Dec	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
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Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide

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A native species in Cyprus, found on waste ground.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall shrub the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.

Ξισταριές, Rock-roses, Cistus spp.

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





A conspicuous native shrub of garigue and Cypress/Pinewood scrub at all levels.

There are several species of Cistus in Cyprus and there is no need to distinguish the species for the FIT Count, but if you do know which species you have used then please add that information to the recording form.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos).



















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





Anenomes are native to Cyprus and present on grassy slopes, fields and roadsides and in dry scrub land.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the top-left in the above photos).

Δωδόνεια, Hopseed-Bush, Dodonaea viscosa

















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A non-native to Cyprus. Native in tropical and subtropical areas e.g. Australia. It occurs in hedges, field margins, roadsides and sometimes in shrublands. It is widely planted for hedges and windbreaks. Flowers are yellow-green, or purple tinged.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall shrub the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.

Ασπάλαθος, Spiny Broom, Calicotome villosa

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



Spiny broom is medium to large native shrub to c. 3m, present in dry hillsides, garigue or maquis.

Flower counts should be based on the number of flower spikes (indicated by ovals at the top-left of the above photo collage). Where this plant grows as a tall shrub or hedge the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count

From February onwards

Κίτρινο γιασεμί, Primrose Jasmine, Jasminum mesnyi

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



Native of western China and is frequently grown in gardens and parks. This plant, can develop quickly into a very dense hedge and is used for covering walls as it has hanging branches.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos).

Λαντάνα η καμάρα, Common Lantana, Lantana camara

		Feb	Mar	Apr	May	June	July	Aug	Sept
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A non-native species in Cyprus that is commonly found in gardens. It can be found as an escape from gardens. Native to tropical America. Planted for its attractive flowers and long flowering period, suitable as a hedge and garden plant.

Flower counts should be based on the number of flower heads (indicated by white ovals shown on the above photos).



Ακακία, Acacia, Acacia saligna

Native to Australia, this large, spreading shrub, to 5m width is commonly found along roadsides, urban waste land, waysides and rough ground, and sometimes gardens. The globular flowers are very distinct.















Flower counts should be based on an estimate of the number of individual flowers (indicated by the oval on the right hand picture above). Where this plant grows as a tall shrub or hedge the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count

Λαψάνα, White Mustard, Sinapis alba

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



Native. White Mustard very distinct yellow fields in spring and grows commonly on waste ground and cultivated land and roadside verges.

Flower counts should be based on an estimate of the number of individual flowers (indicated by circles at the bottom-right of the above photo collage).

Παπαρούνες, Poppies, Papaver spp.













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Poppies grow commonly on waste ground, field edges, roadside verges.

There are several native species of poppy in Cyprus and there is no need to distinguish the species for the FIT Count, but if you do know which species you have used then please add that information to the recording form.

Flower counts should be based on the number of individual flowers (indicated by oval on the bottom of the photo collage

Μυοπόρο, Waterbush *Myoporum tenuifolium*

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide







A non-native species in Cyprus. Native to Australia. Used for hedging.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall shrub or hedge the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.

From March onwards

Χωνάκι, Bindweed, Convolvulus spp.

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





Widespread low-lying native plant with white or pink flowers. Found in arable fields, grassy slopes, disturbed ground and waste places.

There are several species of bindweed in Cyprus and there is no need to distinguish the species for the FIT Count, but if you do know which species you have used then please add that information to the recording form.

Flower counts should be based on the number of individual flowers (indicated by the oval on the bottom photo).

Δέντρον του Ιούδα, Judas Tree, Cercis siliquastrum

















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Non-native to Cyprus. Native to southeast Europe and western Asia. Planted in gardens, in parks and road plantations in all cities and in countryside.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tree the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the tree, as long as it clearly marks out the area of flowers that you are going to use for your count.

Λεβάντα, Lavender, Lavandula stoechas

Mar Apr May

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide

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A familiar native plant of dry scrub, gardens and parks, with distinctive scented purple flowers.

Flower counts should be based on the number of flower spikes (indicated by ovals in the above photo). In dense patches of Lavender you may find that you have very many flowers to count. If so it is fine to make an estimate, e.g. by counting flowers in a quarter of the quadrat and multiplying by four to get a total for the whole quadrat.

Παθκία του καμήλου, Μποχίνια, Camel's Foot, Bauhinia variegata

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide

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A non-native in Cyprus. Native of India and is used in roadside plantations.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall tree the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the tree, as long as it clearly marks out the area of flowers that you are going to use for your count.

Καλλιστήμων ο λογχοειδής, Bottlebrush, Callistemon lanceolatus





















A non-native in Cyprus, often found in parks and gardens. Native to Australia.

Flower counts should be based on the number of flower spikes (indicated by ovals in the above photo).). Where this plant grows as a tall shrub or hedge the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.

From April onwards

Ιβίσκος, Chinese Hibiscus, *Hibiscus rosa sinensis*

Apr May June July Aug Sept Oct Nov Dec Jan
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Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





A non-native to Cyprus. Native to Asia. It is frequent in urban areas in gardens, pavements and parks.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall shrub or hedge the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.

Ηλιοτρόπιο, Heliotropes, Heliotropium spp.

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide

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Spreading annual with, found in cultivated and waste ground.

There are several native species of *Heliotropium* in Cyprus and there is no need to distinguish the species for the FIT Count, but if you do know which species you have used then please add that information to the recording form.

Flower counts should be based on the number of flower spikes (indicated by ovals at the top-left of the above photo collage).

Ρολογάκι, Common Passion Flower, Passiflora caerulea

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide

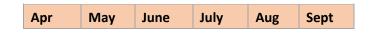




A non-native in Cyprus, found in roadsides and hedges.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos).

Αναθρήκα, Fennel, *Foeniculum vulgare*

















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Native. Found in a wide range of habitats, including rough and disturbed grassland, especially on roadsides and trackways, woodland rides, scrub, river banks, stabilised dunes, coastal cliffs, montane tall-herb vegetation and waste ground.

There are a number of roughly similar umbellifer plants, but the tall size of the plant, the finely divided leaves and especially the yellow petals help to distinguish Fennel from its relatives.

Flower counts should be based on the number of flower umbels (an umbel is indicated by oval circles on the photo to the left).





Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



A very common, native evergreen bushy, shrub to 3m plant to that grows in maquis scrub land.

Flower counts should be based on the number of flowers heads (indicated by ovals at the top-right of the above photo collage). Where this plant grows as a tall shrub or hedge the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.





Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide

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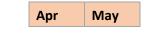




A familiar native tree of stony hillsides, groves, gardens and parks.

Flower counts should be based on the number of flower spikes (indicated by ovals at the bottom of the above photo). Where this plant grows as a tall shrub or hedge the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count

Γρεβιλλέα η ισχυρή, Silky Oak, Grevillea robusta

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



A non-native in Cyprus. Grown in gardens and parks and native of east Australia.

Flower counts should be based on the number of flower spikes (indicated by ovals in the above photo). Where this plant grows as a tree the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the tree, as long as it clearly marks out the area of flowers that you are going to use for your count.

Τζιακαράντα, Sharpleaf Jacaranda, Jacaranda mimosifolia

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



A non-native species in Cyprus. Native to Brazil. Frequent in urban areas in gardens, pavements and parks.

Flower counts should be based on an estimate of the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall tree the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the tree, as long as it clearly marks out the area of flowers that you are going to use for your count.

From May onwards

Πλουμπάγο η ωτοειδής, Blue Plumbago, Plumbago auriculata

May June July	Aug	Sept	Oct	Nov
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Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





Native of S. Africa. Frequently grown in parks and gardens.

Flower counts should be based on the number of flowers heads (indicated by white ovals shown on the above photos).

Αλμπίτσια, Silk Tree, Albizia julibrissin

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



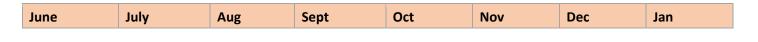


A non-native in Cyprus. Native of China, Japan, southern Russia and northern Iran. Planted in gardens, parks and along roads in urban areas.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall tree the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the tree, as long as it clearly marks out the area of flowers that you are going to use for your count.

From June onwards

Γιασεμί το μεγανθές, Spanish Jasmine, Jasminum grandiflorum

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





A non-native in Cyprus. Native to SE. Asia. Frequently grown in gardens and parks.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos).

Βουκεμβίλια, Γιαννής, Lesser Bougainvillea, Bougainvillea glabra

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide



A non-native species in Cyprus. Native of Brazil. Frequent in urban areas, in gardens, pavements and parks.

Flower counts should be based on the number of flower heads (indicated by white ovals shown on the above photos). Where this plant grows as a tall shrub or hedge the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.

From July onwards

Παρκινσόνια, Jerusalem Thorn, Parkinsonia aculeata

















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A non-native species in Cyprus. Native to S. America. Naturalised in Cyprus especially along roadsides.

Flower counts should be based on the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall tree the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the tree, as long as it clearly marks out the area of flowers that you are going to use for your count.

From October onwards

Βιγνόνια, Yellow Elder, Tecoma stans

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





A non-native species in Cyprus. Native to America and the West Indies. Grown in Cyprus in gardens and parks.

Flower counts should be based on an estimate of the number of individual flowers (indicated by white ovals shown on the above photos). Where this plant grows as a tall shrub or tree the 50cm × 50cm quadrat can be positioned vertically or at a convenient angle in the shrub, as long as it clearly marks out the area of flowers that you are going to use for your count.

From November onwards

Ξινάκι, Bermuda buttercup, Oxalis pes-caprae.

















Pollinator Monitoring Scheme - Kýpros: FIT Count target flower guide





A non-native species in Cyprus. Native to South Africa. Bermuda buttercup are found in a very wide range of habitats, but prefer disturbed sites such as arable fields, planters, pastures, roadside verges, lawns, tracks, paths and waste ground.

They are very distinct lemon-yellow colour flowers.

Flower counts should be based on the number of flower heads (indicated by circles at the top of the above photos).

Alternative flowers suitable for the FIT Count

If you cannot find any of the target flowers listed above you are free to choose another target that is attracting insects at your location. The list below gives some additional species that are known to attract pollinating insects, but if needed you can use other species that are not on the list. Please let us know which flower species or type you have used when adding your results to the <u>online</u> recording form.

















For some of these species, identification tips are available in the <u>Species Identification Guide</u> from the UK National Plant Monitoring Scheme. Although some of the species might not be present in Cyprus, related species might be and as such help with identification.

Common name	Latin name	Status	Flowering from	Flowering to
	Lecokia cretica	Native	Jan	Apr
	Linaria chalepensis	Native	Jan	May
	Prasium majus	Native	Jan	May
White willow	Salix alba	Native	Feb	Mar
Almond	Prunus dulcis	Native	Feb	Mar
	Tordylium spp.	Native	Feb	Apr
	Geranium tuberosum Native F		Feb	Apr
	Micromeria nervosa	Native	Feb	Apr
	Lithodora hispidula	Native	Feb	May
	Lomelosia prolifera	Native	Feb	May
	Onobrychis venosa	Native (Endemic)	Feb	May
Sow-thistles	Sonchus spp.	Native	Feb	Oct
	Lotus spp.	Native	Feb	Sept
Pear	Pyrus syriaca	Native	Mar	Mar
	Malva cretica	Native	Mar	Mar
Borage	Borago officinalis	Native	Mar	Apr
Azarole	Crataegus azarolus	Native	Mar	Apr
	Trifolium spumosum	Native	Mar	Apr
Italian Alkanet	Anchusa azurea	Native	Mar	May
	Bellardia trixago	Native	Mar	May
Thistle	Carduus sp.	Native	Mar	May
	Onosma fruticosum	Native (Endemic)	Mar	May
	Phagnalon rupestre	Native	Mar	May
Plum	Prunus avium	Domesticated	Mar	May
	Anthemis pseudocotula	Native	Mar	Jul
Narrow-leaved viper's bugloss	Echium angustifolium	Native	Mar	Jul
	Erica sicula	Native	Mar	Jul
	Centaurea aegialophila	Native	Mar	Aug
	Centaurea aegialophila	Native	Mar	Aug

















Tassel Hyacinth	Muscari comosum	Native	Mar	Aug
	Misopates orontiun	Native	Mar	Jul
	Campanula erinus	Native	Apr	May
	Centaurea hyalolepis	Native	Apr	Jul
Cotton-thistle	Onopordum cyprium	Native (endemic)	Apr	Jul
	Stachys cretica	Native	Apr	Jul
	Ajuga iva	Native	Apr	Aug
	Polygonum equisetiforme	Native	Apr	Oct
Carrot	Daucus carota subsp. maximus	Native	Apr	Sept
	Thymus capitatus	Native	May	Oct
Yarrow	Achillea millefolium	Non-native	Jun	Aug
Globe-thistle	Echinops spinosissimus	Native	Jul	Oct
	Echinops spinosissimus	Native	Jul	Oct
	Pterocephalus multiflorus	Native (Endemic)	Jul	Nov
Stink Aster	Dittrichia viscosa	Native	Aug	Nov
	Veronica cymbalaria	Native	Nov	Jun
	Crepis sancta	Native	Dec	Apr
Henbit Deadnettle	Lamium amplexicaule	Native	Dec	Мау













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